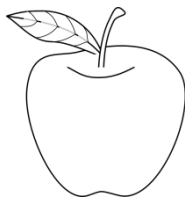


EXERCISE YOUR MIND



SUGGESTED READINGS

FOOD HISTORIES AND MEMOIRS

333.95 KUR – *Cod: A Biography of the Fish That Changed the World* by Mark Kurlansky

553.63 KUR – *Salt: A World History* by Mark Kurlansky

635.21 REA – *Potato: A History of the Propitious Esculent* by John Reader

641.013 JAC – *American Terroir: Savoring the Flavors of Our Woods, Waters, and Fields* by Rowan Jacobsen

641.013 SOK – *Why We Eat What We Eat: How the Encounter Between the New World and the Old Changed the Way Everyone on the Planet Eats* by Raymond Sokolov

641.013 TRI – *The Tummy Trilogy* by Calvin Trillin

641.097 SCH – *Fast Food Nation: The Dark Side of the All-American Meal* by Eric Schlosser

641.3 HAB – *From Hardtack to Home Fries: An Uncommon History of American Cooks and Meals* by Barbara Haber

641.3 MAR – *Edible: An Adventure into the World of Eating Insects and the Last Great Hope to Save the Planet* by Daniella Martin

641.356 KRA – *Creamy and Crunchy: An Informal History of Peanut Butter, the All-American Food* by Jon Krampner

641.36 JOY – *Why We Love Dogs, Eat Pigs, and Wear Cows: An Introduction of Carnism, the Belief System That Enables Us to Eat Some Animals and Not Others* by Melanie Joy

641.509 COE – *The True History of Chocolate* by Sophie D. Coe and Michael D. Coe

641.509 SCH – *A Thousand Years Over a Hot Stove: A History of American Women Told Through Food, Recipes, and Remembrances* by Laura Schenone

641.5092 POW – *Julie and Julia: My Year of Cooking Dangerously* by Julie Powell

641.5092 REI – *Comfort Me with Apples* by Ruth Reichl

92 (BIO) – *My Life in France* by Julia Child

NEW 641.01 WIL – *First Bite: How We Learn to Eat* by Bee Wilson

NEW 641.3 GAY – *The Tea Book* by Linda Gaylard

NEW 641.3 LES – *100 Million Years of Food: What Our Ancestors Ate and Why It Matters Today* by Stephen Le

NEW 641.3 TEA – *Tea: History, Terroirs, Varieties* by Kevin Cascoyne, Francois Marchand, Jasmin Deshamais and Hugo Americi